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Description automatically generated**

**Mental health and well-being Action plan TEMPLATE**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Goal** | **Action** | **Deadline** | **Responsible person** | **Commentary / progress** |
| To increase the number of Mental health first aiders |  |  |  |  |
| Mental health champions to be appointed |  |  |  |  |
| Staff communication |  |  |  |  |
| Initiatives to benefit employees |  |  |  |  |
| Support |  |  |  |  |
| Management training |  |  |  |  |
| Monitoring |  |  |  |  |
| SMT to show commitment to mental health and well-being |  |  |  |  |